

February 19, 20 & 21, 2014 • Sheraton Vancouver Wall Centre • 1088 Burrard Street, Vancouver, BC

## Conference Schedule

Wednesday, February 19<sup>th</sup>

7:00 pm to 9:00 pm Folder pickup for pre-registered delegates at conference registration area.  
Check at hotel registration desk for location if you are unsure.

Thursday, February 20<sup>th</sup>

7:30 am to 8:50 am Registration, Publishers' Displays, Continental Breakfast in Pavilion Foyer  
9:00 am to 9:30 am Opening Remarks  
9:30 am to 11:30 am Keynote Address: Dr. Gordon Neufeld  
11:30 am to 1:00 pm Lunch Break  
1:00 pm to 4:00 pm Afternoon Sessions T1–T12  
5:00 pm to 7:00 pm The Schmooze! Complimentary Reception, Pavilion Ballroom. Admission only with Registration Name Tag. Guests \$25.

Friday, February 21<sup>st</sup>

8:00 am to 8:50 am Registration, Publishers' Displays, Continental Breakfast in Pavilion Foyer  
9:00 am to 11:30 am Morning Sessions F1–F12  
11:30 am to 1:00 pm Lunch Break. AGM at 11:45 in Blue Whale Room (Near Registration Desk)  
1:00 pm to 3:30 pm Afternoon Sessions F13–F24



## Keynote: Dr. Gordon Neufeld

### Teaching the Unteachable: Reaching Troubled Kids

Most students in our alternate education settings are not bringing to school what would be required to turn our teaching into their learning. They lack the fundamentals that render students most successful: a curiosity about the world they are not familiar with, an ability to learn from mistakes and failure, and the ability to be tempered by conflicted feelings and thoughts. How then do we equip such students to enter into adult society? What should be our priorities? How do we engage them in a curriculum that is so far from where they live?

## Thursday Afternoon Sessions

1:00 pm to 4:00 pm

### T1 Troubled Kids and the Digital World

Troubled kids often develop obsessions with digital connection, gaming and pornography. Keynote speaker Dr. Gordon Neufeld will discuss the underlying causes as well as the concerns.

*Dr. Gordon Neufeld is a Vancouver-based developmental psychologist with 40 years of experience with children, youth, and those responsible for them. A foremost authority on child development, Dr. Neufeld is an international speaker, a best selling author (Hold Onto Your Kids) and a leading interpreter of the developmental paradigm. His Neufeld Institute is now a world-wide organization devoted to applying developmental science to parenting and teaching.*

**LIMIT: None FOCUS: K-12 FORMAT: 75% Lecture, 25% Interactive**

Register Online! Go to [www.bctf.ca/bcaea/conference.html](http://www.bctf.ca/bcaea/conference.html) and pay by credit card!

## T2 A Resiliency-Based Approach to Substance Use

Evidence suggests that a better way to handle substance use in schools is to focus on restoring the social bonds and relationships that are crucial for building personal resiliency. This workshop will focus on a resiliency-based approach that:

- focuses on capabilities rather than deficits;
- prepares young people to make effective decisions in the complex real world in which they live, learn and play;
- engages students in the exploration of human experiences with drugs using a constructivist, inquiry focused approach; and
- recognizes the importance of the community/the cohort rather than just the individual.

This participatory workshop will introduce this approach and a range of promising practices and related practical tools and resources for helping schools help their students thrive, not just avoid the problematic use of substances.

Dan Reist, Assistant Director of Knowledge Exchange at the Centre for Addictions Research of BC (CARBC), University of Victoria, leads a team that focuses on communicating current evidence in a way that supports the evolution of effective policy and practice.

Cindy Andrew, a former teacher currently working as a Helping Schools Program Consultant for CARBC, has experience working both within and with the Education and Health government and non-government sectors. This helps ensure her work is grounded in evidence and relevant to the needs of those working directly with children and youth.

**LIMIT: None FORMAT 30% Hands-on, 30% Interactive, 40% Lecture**

## T3 An Aboriginal Perspective on Pedagogy

Using the Medicine Wheel as a pedagogical approach to the cycle of learning, a developmental course at UBC Okanagan provides an opportunity for Aboriginal students to learn academic skills in a culturally relevant manner. After a brief introduction, instructors will share resources and best practices related to indigenous pedagogical approaches, study skills like critical thinking and mathematical concepts. Imbedded in this approach is the secondary theme of emergent mindful educational practices that aim to create and foster positive learning environments by harmonizing the intellectual, emotional, physical and spiritual self according to community and context. Participants will be invited to discuss issues, strategies and possible challenges faced when using alternate approaches to teach underrepresented and marginalized youth.

Dr. Karen Ragoonaden is a university teacher and researcher in the Faculty of Education at UBC Okanagan. Her publications and research interests lie in the area of the Scholarship of Teaching and Learning with a focus on French Education, Aboriginal Education, Critical Pedagogy, and Self-Study of Teacher and Teacher Education practices (S-STEP).

Lyle Mueller is the Special Advisor Aboriginal Relations at UBC Okanagan. He has worked in Aboriginal education at the secondary, adult ed and post-secondary levels for over 30 years as teacher and administrator with a primary focus on access and success for Aboriginal students.

Dr. Javad Tavakoli is a member of the mathematics faculty at UBC Okanagan with 34 years of teaching and research experience. He has focused his attention on teaching mathematics from an Aboriginal perspective, and authored a text book designed to enhance Aboriginal students' mathematical performance.

**LIMIT: 60 FOCUS: 10-12 FORMAT: 10% Lecture 40% Hands-on 50% Interactive**

## T4 Introduction to Leather Mask Making (Part 1)

(Part 2 is Session F4 on Friday Morning)

Come learn the art of designing, preparing, molding and painting a custom fitted leather costume mask. In this introductory workshop you will gain the skills to create a costume mask as well as the resources to bring this art form into your classroom. You will gain knowledge of the properties of vegetable-tanned leather and the basics of wet-molding and texturing leather. You will have the opportunity to experiment with various leather tools and paints to make your mask truly unique. You will take home a custom mask and resource guide.

Leila Lattimer is a Learning Alternatives teacher and art enthusiast living on Vancouver Island. She has incorporated art focused lessons in her teaching and dabbles in many art forms including clay, textiles, 2D paint and pencil, silk-screening, and particularly enjoys recycled material multi-media projects.

**LIMIT: 15 FOCUS: 6-12 FORMAT: 70% Hands-on 15% lecture 15% interactive**

## T5 Escorted to Court

Join us on a field trip to the Vancouver Law Courts complex, a two-block walk from the Wall Centre. The afternoon will include an orientation to the province-wide programs available with the Law Courts Education Society. We will go to court and watch a Youth Court hearing and/or sentencing in progress, as well as meet a Provincial Court Judge, and have a discussion session. If security protocols allow, we will be taken on a guided tour of the youth court jail cells by a deputy sheriff.

Note: 12:30 departure time for the short walk to this off site session.

Tiffany Lee is one of the regional coordinators for the Vancouver Law Courts Region of the Justice Education Society.

**LIMIT: 30 FOCUS: 8-12 FORMAT: 10% lecture 40% Interactive 50% Experiential**

## T6 Alternate Ed: The Nuts and Bolts

This session will present a framework for Alternate programs highlighting the importance of building relationships with students and partnerships with the community, while providing program-structuring strategies that recognize the social and emotional needs of Alt Ed students. Jim will host a team of presenters from a variety of educational specialties including administration, Youth Care Worker, Special Education Resource Teacher and classroom teacher. Participants will be encouraged to share some of the successful features of their programs and present for discussion some of the challenges they face.

Jim Lawson, former BCAEA President and Executive member, has taught in Alternate 30+ years, advocating for dynamic program structures that meet the needs of at-risk students. He has taught in a variety of school environments including a Store Front School, an Intensive Behaviour support program for adolescent boys, an Outreach Program for adults and, currently, as a trades instructor in an "Introduction to the Building Trades" shop program. Jim is a much sought after education innovator willing to share his insights and experience with those interested in learning how to create programs that allow students to thrive.

**LIMIT: 60 FOCUS: K-12 FORMAT: 50% Lecture 50% Interactive**

Register Online! Go to [www.bctf.ca/bcaea/conference.html](http://www.bctf.ca/bcaea/conference.html) and pay by credit card!

## T7 FASD Learners: Strategies for Success

This workshop provides an overview of the services of the Ministry of Education's Provincial Outreach Program for Fetal Alcohol Spectrum Disorder (POPFASD). The workshop focuses on sharing current research and resources, and explaining successful classroom strategies, including a specific planning tool to help teachers of students with FASD.

*Stacey Wakabayashi has been with the POPFASD program since its beginning in 2006. He has many years of regular classroom experience prior to joining the program and has worked as a support teacher at both the elementary and secondary levels.*

**LIMIT: 50 FOCUS: K-12 FORMAT: 60% Lecture 20% Interactive 20% Experiential**

## T8 Engaging Youth in Mindfulness Through Art

Learn how to help youth ground, self regulate and develop a more secure, authentic, positive identity in this interactive session. Participants will be introduced to youth-friendly ways of practicing mindfulness to connect to their inner resources in a body-centered tangible way. This knowing will be expressed and explored further through mindful art-making. In addition to having the opportunity to work with pastels and clay, participants will be introduced to the Mind Focus Connection guided mindfulness audio & video series (including trauma sensitive desk yoga) and given an overview of the Ministry accredited Art Explosion: Empowerment for Life courses for Grades 10-12.

*Cea Winter is an artist, educator and mind/body therapist. For the past 15 years she has worked with a diverse student population from mainstream youth to wide-eyed kindergarteners, youth in drug treatment and illiterate adults on parole. A certified Self Regulation Therapist (mindfulness-based trauma recovery) and currently completing her MEd in Counseling, she has developed the for-purchase, online Art Explosion workshop series and the Mind Focus Connection guided mindfulness audio/video series to help educators equip youth with healthy coping skills, personal awareness & empowerment, and provide the required curriculum with impact.*

**LIMIT: 30 FOCUS: 8-12 FORMAT: 50% Hands-on 30% Interactive 20% Lecture**

## T9 Sins of the City: Vice, Dice and Opium Pipes

Experience the world of a cop in the 1920's when Vancouver was a seething hub of sex drugs, booze and organized crime. This two-hour walking tour takes you through Chinatown and Gastown on the lookout for brothels, bootlegging hints, gambling houses and opium dens. A must-see tour for anyone looking for the edgier side of this great city. Participants are invited to visit the Police Museum before the tour.

Note: Be on time for the taxi ride to this off site session.

*Wil Russ is a programmer at The Vancouver Police Museum which houses displays about some of Vancouver's most famous criminals and the men and women who enforce our laws. The building is a heritage structure that housed the original Coroner's Courtroom, offices, morgue, autopsy room, and forensics lab.*

**LIMIT: 20 FOCUS: K-12 FORMAT: 100% Experiential**

## T10 Cooperation and Teamwork Through World Music

World Music has become one of the main influences of popular music and culture. Participants are invited to join in the excitement playing high-energy, traditional music from Africa and Brazil, focusing on how this diverse form of music can be used to creatively link learning objects across the curriculum. In this interactive session participants will see a wide variety of instruments and partake in whole group, cooperative and active learning environments. By the end of the workshop participants will be able to apply practical ideas for improving class listening skills through calls and responses, demonstrate teamwork through ensemble playing, express themselves through music, and make connections between diverse genres of music, cultures and curriculum. Bring your own hand drum if possible!

*Drum Syndicate is a world percussion group that presents dynamic and interactive workshops. Over the past four years they have given workshops to numerous participants of all ages ranging from preschoolers to university level students. Drum Syndicate brings tropical heat when presenting at conferences!*

**LIMIT: 30 FOCUS: K-12 FORMAT: 10% Lecture 90% Interactive**

## T11 Adventures in Social and Emotional Learning

Social-Emotional Learning is about building self-awareness to enable change and growth. Adventure Education uses emotional and physical risk-taking to promote learning. This workshop will explore how adventure-based games and activities can be used to enhance social-emotional learning with even the most at-risk students. There will be a strong emphasis on the practice of the adventure learning models of framing and debriefing. Come ready to be active, participate, and engage in a variety of adventure activities.

*Sheldon Franken has a B Ed in Physical Education from McGill University and an MA in Counseling Psychology from UBC. His passion is using experiential education to enhance social and emotional learning. He is currently a School Counselor and Outdoor Education Coordinator with the Delta School District. Sheldon has travelled across BC to numerous conferences and schools presenting the use of adventure education to compliment various pedagogical objectives.*

**LIMIT: 30 FOCUS: 6-12 FORMAT: 20% Lecture, 80% Interactive/Hands-on**

## T12 Alternate Potpourri

Choose this session if you can't decide what to take or think you won't attend a session in this time slot. Your registration will be complete, your receipt will show you registered in a session, and you will get a session card that you can exchange at the Registration Desk if you change your mind. This way you won't take a spot in a limited session that someone else may have wanted. Win-win!

**LIMIT: None FOCUS: People with Alternate Plans FORMAT: 100% Considerate**

## The Legendary Schmooze!

Thursday 5:00–7:00 pm, Pavilion Ballroom.

You must wear name tag for entry. Guest tickets \$25.

## Friday Morning Sessions

9:00 am to 11:00 am

### F1 Self-Regulation Adjusted

The basis of many of the psychological conditions for which people seek help is dysregulation of the nervous system. This presentation will outline some of the last decade's research on the brain and the nervous system and enable educators to better understand self-regulation as the capacity to move flexibly through challenging life events, and resilience as the capacity to recover quickly from negative events. Participants will be introduced to the essential skill of tracking activation in their nervous system and how new work in traumatology applies to their work with students.

*Dr. Ron Manly worked as a Psychologist at BC Children's Hospital from 1983 – 2012 and as Clinical Director of the Provincial Specialized Eating Disorders Program from 1995 – 2006. His work largely focuses on Trauma Informed Care and Self-Regulation Therapy.*

**LIMIT: None FOCUS: 8-12 FORMAT: 30% Interactive 70% Lecture**

### F2 Emotional Intelligence Inspired

This session will explore the value of refining individual and group ability to understand and manage the intelligence of emotions. We will discuss emotional intelligence (EI) theory and ways for developing EI as well as enabling others to nurture their own EI. Participants will be guided through a fun and physical demonstration, where yoga/movement can assist in increasing awareness of emotions, thoughts and how they work independently and together.

*Laura Zeman pursues knowledge and understanding of leadership and organizational systems, social and emotional development, individual and group dynamics, and methods for enabling positive environments. Laura is co-producing a feature length documentary film project "The Next Step" which will bring together cultural icons, youth leaders, and extraordinary citizens to celebrate and empower youth.*

**LIMIT: None FOCUS: 8-12 FORMAT: 40% Interactive 40% Lecture 20% Hands-On**

### F3 Resilience for Teens

**(All Day Session Continues as F13)**

This workshop discusses resilience for teens, the reasons for teaching or reinforcing related skills, and current brain research specific to efficacy in improving learning. Connections will be made to 21st century learning, including how to incorporate specific strategies that will improve both student and teacher personal growth and wellness, create relevance in curriculum subject areas, and weave strategies into classroom activities without taking time away from core curriculum.

*Roxanne Jones and Erin Switzer are counselors and social emotional learning coordinators for Delta School District. Both elementary and high school communities in Delta have adopted the strategies presented and are excited the benefits for students both academically and emotionally. Roxanne and Erin have also presented to over 800 parents, teaching assistants, early childhood educators and coordinators in other lower mainland communities.*

**LIMIT: None FOCUS: 8-12 FORMAT: 40% Lecture 20% Interactive 40% Experiential**

### F4 Introduction to Leather Mask Making (Part 2)

**(Part 1 is Session T4 on Thursday)**

Come learn the art of designing, preparing, molding and painting a custom fitted leather costume mask. In this introductory workshop you will gain the skills to create a costume mask as well as the resources to bring this art form into your classroom. You will gain knowledge about the properties of vegetable-tanned leather and the basics of wet-molding and texturing leather. You will have the opportunity to experiment with various leather tools and paints to make your mask truly unique. You will take home a custom mask and resource guide.

*Leila Lattimer is a Learning Alternatives teacher and art enthusiast living on Vancouver Island. She has incorporated art focused lessons in her teaching and dabbles in many art forms including clay, textiles, 2D paint and pencil, silk-screening, and particularly enjoys recycled material multi-media projects.*

**LIMIT: 15 FOCUS: 6-12 FORMAT: 70% Hands-On 15% lecture 15% interactive**

### F5 The Alternate Road Show

Last fall a small team of alternate and adult education specialists from several school districts and the Ministry of Education embarked on a road trip to visit learning centres and schools with a twofold purpose: to conduct program quality reviews, and to gather examples of best practices for alternative and adult education. Come hear about innovative practices that were uncovered, challenges presented, and ideas being developed. Be part of the conversation that leads to developing future best practices for alternate education!

*Janine Hannis works for the Ministry of Education and is the Officer responsible for Alternate and Adult Education.*

*Sandy Balascak is the Administrator for Agassiz Centre for Education, an award winning alternate program and home of the 89 year old graduate!*

**LIMIT: none FOCUS: 10-12 FORMAT: 80% Lecture 20% Interactive**

### F6 Digital Storytelling in the Classroom

**(All Day Session Continues as F16)**

Much like a written or spoken language, the language of film is a collection of images and sounds that together tell a story. Anyone can pick up a camera and make a video; learning how to create powerful multi-media work is another story. How can we as educators help students to create films that inspire focus, confidence and pride? This hands-on workshop introduces the concepts and implications of digital storytelling, providing you with introductory film language and storytelling tools, helping to transform students, one video at a time.

*Liz Shulze is the Education Manager of Vancouver's Pacific Cinematheque, a non-profit society dedicated to the understanding of film and moving images, whose Education Department offers film and media education programs and resources for youth, teachers, filmmakers and community groups. She is also a filmmaker, a graduate of the Bachelor of Fine Arts Program at Simon Fraser University, and has facilitated video production programs, media literacy workshops, and Professional Development events across Canada.*

**LIMIT: 20 FOCUS: 6-12 FORMAT: 30% Interactive 70% Hands-On**

**Register Online! Go to [www.bctf.ca/bcaea/conference.html](http://www.bctf.ca/bcaea/conference.html) and pay by credit card!**

## F7 Troubled Kids, Suicide and Self-Harm

In this session Dr. Neufeld uncovers the dynamics underlying the escalation in suicidal ideas and impulses, as well as the current epidemic of cutting and burning. Also included will be suggestions for addressing the roots of these problems.

Dr. Gordon Neufeld is a Vancouver-based developmental psychologist with 40 years of experience with children and youth and those responsible for them. A foremost authority on child development, Dr. Neufeld is an international speaker, a best selling author (*Hold Onto Your Kids*) and a leading interpreter of the developmental paradigm. His Neufeld Institute is now a world-wide organization devoted to applying developmental science to parenting and teaching.

**LIMIT: None FOCUS: K-12 FORMAT: 75% Lecture, 25% Interactive**

## F8 Handmade Prints

This hands-on workshop introduces the creative possibilities of relief printmaking. Learn how to make your own stamps out of scraps of wood, foam, string, and household objects. Take home samples and a resource guide to help you bring printmaking into the classroom.

Brenna Maag is a visual artist and art educator. She works as an artist in residence in schools giving workshops in mixed media, printmaking, and textiles. She returns to offer one of the highest rated art sessions we've had at the Conference.

**LIMIT: 20 FOCUS: K-12 FORMAT: 20% Interactive 80% Hands-On**

## F9 The Truth About Reading Isn't Black and White

This informative and fun presentation provides a glimpse into the minds of people with "learning disabilities." The presentation gives a hands-on experience to help participants understand what it feels like to be a different learner and demonstrates some of the unique abilities and other treasures found in alternative learners. Session presenters will talk candidly about the emotional experience of being an alternative learner and will provide resources, strategies and other opportunities for support to teachers who have students who are alternative learners.

Tina McInerney knows all about adversity — she struggled with dyslexia and Attention Deficit Disorder (ADD) all through high school. She now heads the Society for Immediate Awareness of Alternative Learning, a group that advocates for and supports those in need of new, non-traditional teaching methods.

Isabella Mori has worked as a counselor for 15 years. Her passion is to bring out the treasures, gifts and resources that lie inherent in each and every person so that no-one is left behind. She is fascinated by the creativity, skills and resilience of people who have different learning patterns.

**LIMIT: 50 FOCUS: 6-12 FORMAT: 50% Lecture, 50% Interactive**

## F10 Lunch in El Salvador

Join us for a short visit south of the equator to delight your taste buds with the flavors of pupusa and curdido, a local lunch served on the streets of El Salvador and Honduras. Pupusa are savory masa (finely ground corn flour) 'cakes' filled with pork, cheese and spices. We will also make a vegetarian option with fresh spinach, cheese and spices. Curdido is a traditional coleslaw salad with a punch of flavor that accompanies pupusa.

Liz Hamill has worked in Alternate Education in the Abbotsford School District since 1994. Her varied experience includes co-developing Foods 12 from a two burner hot plate to a co-established professional kitchen, recipe development, and restaurateur. Liz is the chef at the Schmooze.

Heather Hausch is an avid gardener and vegetarian who enjoys cooking with fresh ingredients.

**LIMIT: 12 FOCUS: 8-12 FORMAT: 5% Lecture, 95% Hands-On**

## F11 Executive Function Deficits: Applications and Interventions for the School Setting

The majority of students with behavioral and learning difficulties have underlying executive function deficits. An overview of executive functions (e.g., planning, organization, emotional regulation, behavioral inhibition, task initiation) as described by researchers in the field will be presented. Links between executive function deficits, various childhood disorders, and the development of EF will be reviewed. Illustrating via case example, the presentation will highlight the academic and social/behavioral difficulties of EF dysfunctions and some effective supports will be demonstrated. Participants will be lead through an intervention planning process they will be able to take away and use in their schools.

Dr. Georgina Robinson, is the principal of the Provincial Outreach Program for Autism and Related Disorders (POPARD). She has worked in the field as a school psychologist, an educational/behavioral consultant and as a special education teacher. In addition to her work at POPARD, she is a member of adjunct faculty at UBC in the department of Educational Psychology teaching School Consultation and Interventions. Her research interests include stress, coping and anxiety in students with ASD, and executive function interventions.

**LIMIT: None FOCUS: 6-12 FORMAT: 70% Lecture 30% Interactive**

## F12 Alternate Potpourri

Choose this session if you can't decide what to take or think you won't attend a session in this time slot. Your registration will be complete, your receipt will show you registered in a session, and you will get a session card that you can exchange at the Registration Desk if you change your mind. This way you won't take a spot in a limited session that someone else may have wanted. Win-win!

**LIMIT: None FOCUS: People with Alternate Plans FORMAT: 100% Considerate**

## We are looking for session hosts.

What the heck is a session host, you ask? Session hosts introduce the speaker at the beginning of the session, thank the speaker at the end, collect the evaluation cards, and ensure that they are returned to the registration desk.

If you are interested, send an email to our V.P. Audrey Pfitzenmaier: [apfitzenmaier@deltasd.bc.ca](mailto:apfitzenmaier@deltasd.bc.ca)

# Friday Afternoon Sessions

1:00 pm to 3:30 pm

## F13 Resilience for Teens

### (Part 2 Of All Day Session That Started In F3)

This workshop discusses resilience for teens, the reasons for teaching or reinforcing related skills, and current brain research specific to efficacy in improving learning. Connections will be made to 21st century learning, including how to incorporate specific strategies that will improve both student and teacher personal growth and wellness, create relevance in curriculum subject areas, and weave strategies into classroom activities without taking time away from core curriculum.

Roxanne Jones and Erin Switzer are counselors and the social emotional learning coordinators for Delta School District. Both elementary and high school communities in Delta have adopted the strategies presented and are excited the benefits for students both academically and emotionally. Roxanne and Erin have also presented to over 800 parents, teaching assistants, early childhood educators and coordinators in other lower mainland communities.

**LIMIT: None FOCUS: 8-12 FORMAT: 40% Lecture 20% Interactive 40% Experiential**

## F14 Coast Salish Weaving

Salish Weaving is a primitive art that has made the transition to modern. This session will give an overview of Salish Weaving, preparation of materials, production of colours as well as weaving. Participants will leave with a list of primitive colours and the native plants they are derived from. Participants will also have the opportunity to complete a wool cuff on a two bar loom using a twined weave. Twelve looms will be available for use and for sale.

Chris Kelly is an Aboriginal presenter in School District #34. She has been with the district for 20+ years and is active in her community.

Johnny Williams, traditional name Qua-honn, is a recognized Aboriginal carver. He has worked as an Aboriginal support worker with schools for over 12 years.

**LIMIT: 24 FOCUS: 8-12 FORMAT: 50% Lecture 50% Hands-On**

## F15 The Art and Science of Mindfulness

This session will provide an overview of the fundamentals of Mindfulness and the opportunity to experience how to practice mindful meditation, sensing, and movement. The theory of these practices will be linked to current neuroscience research on the effects of mindfulness practice on the brain and will offer participants the chance to explore the potential links between Mindfulness practice and teaching or counseling. During the session participants will have the rare opportunity to witness internationally renowned artist Yared Nigussu in action, practicing Mindfulness while creating an original work for auction.

Margaret Jones Callahan serves as an Educator, Registered Art Therapist, Executive Coach and Clinical Counselor. Her private practice in Vancouver offers Mindfulness Based Art Therapy training, an open studio program, clinical supervision for counselors and coaches, and coaching for women in business. She is a clinician—consultant to Vancouver School Board high school art teachers, and has just completed a contemplative artist residency at Magee High School. She is interested in community based art projects and programs.

Yared Nigussu credits the creation of his artistic soul and passion for art to his Ethiopian upbringing, developing his talent at the University of Addis Ababa where he studied Fine Art and Design. After obtaining his degree, he traveled to France, Austria and Canada to further his professional experience, serving several Artist Residencies and creating the works for many Exhibitions.

**LIMIT: None FOCUS: 8-12 FORMAT: 50% Interactive/Hands-On 50% Lecture**

## F16 Digital Storytelling in the Classroom

### (Part 2 Of All Day Session That Started In F6)

Much like a written or spoken language, the language of film is a collection of images and sounds that together tell a story. Anyone can pick up a camera and make a video; learning how to create powerful multi-media work is another story. How can we as educators help students to create films that inspire focus, confidence and pride? This hands-on workshop introduces the concepts and implications of digital storytelling, providing you with introductory film language and storytelling tools, helping to transform students, one video at a time.

Liz Shulze is the Education Manager of Vancouver's Pacific Cinematheque, a non-profit society dedicated to the understanding of film and moving images, whose Education Department offers film and media education programs and resources for youth, teachers, filmmakers and community groups. She is also a filmmaker, a graduate of the Bachelor of Fine Arts Program at Simon Fraser University, and has facilitated video production programs, media literacy workshops, and Professional Development events across Canada.

**LIMIT: 20 FOCUS: 6-12 FORMAT: 30% Interactive 70% Hands-On**

## F17 Troubled Kids & Sexuality

The sexuality of troubled kids can be fraught with problems. In this session Dr. Neufeld will discuss how the dynamics of attachment and the flight from vulnerability interact with the peer culture to create some of the troubling behaviour and disturbing manifestations we are seeing in today's youth.

Dr. Gordon Neufeld is a Vancouver-based developmental psychologist with 40 years of experience with children and youth and those responsible for them. A foremost authority on child development, Dr. Neufeld is an international speaker, a best selling author (*Hold Onto Your Kids*) and a leading interpreter of the developmental paradigm. His Neufeld Institute is now a world-wide organization devoted to applying developmental science to parenting and teaching.

**LIMIT: None FOCUS: K-12 FORMAT: 75% Lecture, 25% Interactive**

## F18 Beyond Painting

Try out a few art projects that push the limits of painting. Create a camouflage painting and experiment with adding layers to paintings with collage using materials you have in your school. This is a hands-on workshop so come prepared to paint. Take home samples and a resource guide.

Brenna Maag is a visual artist and art educator. She works as an artist in residence in schools giving workshops in mixed media, printmaking, and textiles. She returns to offer one of the highest rated art sessions at the Alternate Conference.

**LIMIT: 20 FOCUS: K-12 FORMAT: 20% Interactive 80% Hands-On**

Register Online! Go to [www.bctf.ca/bcaea/conference.html](http://www.bctf.ca/bcaea/conference.html) and pay by credit card!

## F19 It Can Happen to Anyone: Exploitation of Youth

This prevention-based workshop includes an overview of youth sexual exploitation in British Columbia, case studies and trends of youth exploitation, online exploitation, and an overview of legal issues surrounding sexual exploitation and the resources available.

*Diane Sowden is the founding Executive Director of Children of the Street Society, who lost her 13 year old daughter to the sex trade. She will be accompanied by the TCO2 (Take Care of Ourselves, Taking Care of Others) Workshop Facilitator team who will share live dramatic role plays to highlight examples of our school based workshops.*

*Diana Mogensen is a teacher in the Eating Disorders Program at BC Children's Hospital. She is employed by the Vancouver School Board and is responsible for patients' academic programs during their hospital admission. Prior to her work in the Eating Disorders Program, she taught in a variety of special education settings and is currently Co-Chair of BC Teachers Promoting Mental Health in Schools, a Chapter of LATA.*

**LIMIT: 50 FOCUS: 4-12 FORMAT: 50% Lecture, 30% Interactive 20% Experiential**

## F20 Lunch in El Salvador

Join us for a short visit south of the equator to delight your taste buds with the flavors of pupusa and curdido, a local lunch served on the streets of El Salvador and Honduras. Pupusa are savory masa (finely ground corn flour) 'cakes' filled with pork, cheese and spices. We will also make a vegetarian option with fresh spinach, cheese and spices. Curdido is a traditional coleslaw salad with a punch of flavor that accompanies pupusa.

*Liz Hamill has worked in Alternate Education in the Abbotsford School District since 1994. Her varied experience includes co-developing Foods 12 from a two burner hot plate to a co-established professional kitchen, recipe development, and restaurateur. Liz is the chef at the Schmooze.*

*Heather Hausch is an avid gardener and vegetarian who enjoys cooking with fresh ingredients.*

**LIMIT: 12 FOCUS: 8-12 FORMAT: 5% Lecture, 95% Hands-on**

## F21 Beyond Retirement

A well-prepared retirement is a successful retirement. This session does not focus on pension plan details and is different from the BCTF Retirement Planning Workshops. This session is about life after retirement and how to make a successful transition from your busy career to your new life as a retired person. Issues addressed in this fully interactive presentation include: determining if you can afford to retire; money saving ideas; legal considerations; and making your retired life positive.

*The BC Retired Teachers' Association is a tremendously active group that offers retirement information to teachers. The Association advocates for retired teachers and provides seminars and benefits to its members.*

**LIMIT: 30 FOCUS: Potential retirees. FORMAT: 5% Lecture, 95% Interactive**

## F22 Swordplay, Knights, and Teambuilding

And now for something completely different! As soon as you come through the door at Academie Duello, you will have a sword in your hands and you will begin learning the basics of attack, defense, decisiveness and strategy as you learn to survive and win a duel. Through work in teams and friendly competition with your peers, our coaches will teach you to act with daring and decisiveness, out-think the competition, and apply the five principles of success to your swordplay team.

Be on time for the taxi ride to this off site session.

*Academie Duello is a martial arts school of European swordplay and historical fencing based in Vancouver, BC. They specialize in providing lessons in the rapier, longsword and sidesword, as well as traditional Italian grappling, pole weapons, knife and other knightly arts.*

**LIMIT: 12 FOCUS: K-12 FORMAT: 100% Interactive FUN**

## F23 Take a Hike!

Founded in 2000, Take a Hike is a full-time alternative experiential secondary education program that engages at-risk youth in Vancouver through a combination of adventure-based learning (ABL), academics, therapy, and community involvement. The Take a Hike Youth at Risk Foundation raises over \$350,000 annually to fund the ABL program (weekly activities, multi-day expeditions and outdoor equipment), two full-time clinical therapists, scholarships, mentorship and a breakfast/lunch program. Take a Hike is expanding programming to additional BC communities.

*Tim Gale was a co-founder of Take a Hike in 2000 and has been teaching there since the beginning. He is eager to share how he made his vision of combining adventure-based learning and therapy with traditional classroom education to support at-risk youth a reality.*

*Jaydeen Williams, Executive Director, communicates the intricacies of Take a Hike daily. Her passion for working with youth spans two decades with a variety of titles including manager, preschool teacher, special needs assistant, camp counselor, recreation leader, volunteer, researcher, coach, tutor and mentor. She will be sharing the success of the program to date and the Foundation's plans for program expansion.*

**LIMIT: 50 FOCUS: K-12 FORMAT: 75% Lecture 25% Interactive**

## F24 Alternate Potpourri

Choose this session if you can't decide or think you won't attend a session at this time. Your registration will be complete, your receipt will show you registered in a session, and you will get a session card that you can exchange at the Registration Desk if you change your mind. This way you won't take a spot in a limited session that someone else may have wanted. Win-win!

**LIMIT: None FOCUS: People with Alternate Plans FORMAT: 100% Considerate**

February 19, 20 & 21, 2014 • Sheraton Vancouver Wall Centre • 1088 Burrard Street, Vancouver, BC

### Register Online:

#### Fees

Before December 20, 2013:	One Day \$150	Two Days \$225
After December 20, 2013:	One Day \$175	Two Days \$250

Registration includes complimentary breakfast(s) and The Schmooze!

### Pay By Credit Card

Its fast, easy, and secure.  
Know instantly if you got the sessions you want.  
Receipts printed instantly.

### Pay By Cheque

School district/company cheques are accepted up to the Early Bird cutoff date. After that, payment is by credit card only. Make cheques payable to BCAEA and mail to:

John Duncan, BCAEA Conference Registrar  
601 - 7th Avenue  
Castlegar, BC  
V1N 1R6

### Cancellations:

Refund requests for registrations paid by credit card can be processed within 48 hours after the registrar receives the emailed request.

Refund requests for registrations paid by cheque take 6-8 weeks and must be emailed to the Registrar prior to February 19, 2014.

### Need Help?

For Conference Registration

John Duncan, Conference Registrar  
email: [jduncan@sd20.bc.ca](mailto:jduncan@sd20.bc.ca)

For General Conference Inquiries:

DJ Pauls, Conference Co-ordinator  
email: [djpauls@shaw.ca](mailto:djpauls@shaw.ca)  
phone: 604.859.3015 after November 4, 2013

### Hotel Reservations:

#### Sheraton Vancouver Wall Centre

1088 Burrard Street  
Vancouver, BC

1.800.663.9255 or 604.331.1000  
[reservations@wallcentre.com](mailto:reservations@wallcentre.com)

Ask for the BCAEA Conference rate.

#### Room rate per night (Reserve before Jan. 27, 2014)

\$129 Regular room (1 or 2 beds) Single/double occupancy.  
\$179 family suite (3 beds) Single/double occupancy. Extra registered guests \$30 each.

### Important!

If reserving after January 27, you must call and specifically ask for the front desk of the Sheraton Vancouver Wall Centre Hotel to see if there are still rooms available at the conference rate.

Please note that hotel reservations are made separately from the conference registration. Space fills up quickly, so we recommend reserving early. You can cancel your hotel reservation up to 24 hours prior to arrival with no penalty.

### Transportation/Parking:

#### Skytrain (Canada Line)

Take Canada Line (\$9.00 at machine or \$4.00 at Pharmasave or 7/11 in Domestic Terminal) to Vancouver City Centre stop. Walk 7 blocks to the hotel, or walk to Howe and Robson and take either #10 Granville, #4 UBC, #50 False Creek South, or #7 Dunbar bus, and get off at Helmcken Street.

#### Aeroshuttle

Leaves the airport every 30 minutes and stops at downtown hotels.  
\$15 per person one way, \$25 return.

#### Taxi

Taxis are available at the airport. Fares are typically \$30 and up.

#### Limousine

Limousines start at \$40 and are a great way for a small group to get to the hotel in style.

#### Parking

Day parking at the Sheraton is \$20 if you arrive before 8:00 am and leave before 6:00 pm. Overnight parking for guests is \$38.12.

There are other parking lots nearby with varying rates.