



Challenge & Change 2017

30th Annual Conference

February 15, 16 & 17, 2017 • Sheraton Vancouver Wall Centre • 1088 Burrard Street, Vancouver, BC

Conference Schedule

Wednesday, February 15th

7:00 pm to 9:00 pm

Folder pickup for pre-registered delegates at conference registration area.
Check at hotel registration desk for location if you are unsure.

Thursday, February 16th

7:30 am – 8:50 am

Registration, Publishers' Displays, Continental Breakfast in Pavilion Foyer

9:00 am – 9:30 am

Opening Remarks

9:30 am – 11:30 am

Keynote Address: Will Richardson

11:30 am – 1:00 pm

Lunch on your own. Many wonderful restaurants within 6-block radius of hotel.

1:00 pm – 4:00 pm

Afternoon Sessions T1-T12

5:00 pm – 7:00 pm

The Schmooze! Pavilion Ballroom. Registration name tag gets you in for free. Buy guest name tag for \$25.

Friday, February 17th

8:00 am – 8:50 am

Registration, Publishers' Displays, Continental Breakfast in Pavilion Foyer

9:00 am – 11:30 am

Morning Sessions F1-F11

11:30 am – 1:00 pm

Lunch on your own. Many wonderful restaurants within 6-block radius of hotel.

11:45 am

AGM in Blue Whale Room (Near Registration Desk)

1:00 pm – 3:30 pm

Afternoon Sessions F12-F24

Keynote Address: Will Richardson

The Opportunities and Challenges of Schooling in the Connected World

The last ten years have seen an explosion of devices and connections that are changing the landscape of education and learning. We now carry massive storehouses of information and knowledge as well as billions of potential teachers in our pockets and backpacks. As a result, a new world of connected, networked, self-directed learning and creating is upon us, with huge implications for schools. What constitutes an education now that we can learn deeply in informal spaces outside the school walls? What are the new roles of teachers when content knowledge is ubiquitous? And how do we best prepare our students for the modern learning worlds in which they will live and work? We'll tackle these and other questions as we explore the important and complex changes and shifts that come with ubiquitous access to the Web.

Thursday Afternoon 1:00 pm to 4:00 pm

T1 Exploring New Literacies for a World of Networked, Self-Directed Learners and Makers

The biggest advance of the last fifteen years in education is what connectedness brings us, the new reality that each one of us can now stand as the central organizing force in our own learning, education, and work. That requires a whole set of new literacies, ones that deal with not just reading and writing but collecting, creating, connecting, sharing, and sense making. We'll explore these shifts and develop context and a practical framework for helping our students become literate, self-directed masters of learning and making in this new, interconnected world.

Will Richardson is an internationally known educational innovator who brought the world of Weblogs, RSS and related Internet technologies into classrooms and schools. A classroom teacher for 20 years, he has integrated these technologies into his curricula and has spoken to thousands of educators on the merits of "The Read/Write Web."

LIMIT: None FOCUS: K-12 FORMAT: 80% Lecture, 20% Interactive

T2 The Ins and Outs of Vicarious Trauma

Every day we witness events and hear stories in our personal lives and in our careers which impact us for better or worse. Vicarious trauma is what occurs when we work with and support those who have been traumatized directly, and we become traumatized as a result. In most cases, those experiencing vicarious trauma are at a greater risk for burn out. Learn more about vicarious trauma and what to do to be proactive in combating its effect on your life.

Melissa Redekop, *Masters in Counselling Psychology and registered with BCACC, practised as a mental health clinician with CYMH, MCFD for ten years. As CYMH School Liaison she helped school districts and MCFD staff increase connections with community services. In addition, Melissa worked closely with students who had complex barriers to wellness, helping both the families and staff learn effective strategies of support.*

LIMIT: 30 FOCUS: K-12 FORMAT: 60% Lecture, 40% Interactive

T3 Mindfulness & Social-Emotional Learning

Mindfulness means "Paying attention in a particular way: On purpose, in the present moment, and nonjudgmentally" (Kabat-Zinn). Emerging mindfulness-based interventions for youth are showing significant promise helping adolescents cope with adversity and promote resilience and positive youth development. In education, mindfulness is a key component of Social-Emotional Learning (SEL). This interactive presentation will present the science and practice of mindfulness-based interventions with adolescents; share practical exercises that educators can use in their schools and personal self-care; and share mindfulness resources for youth, families, and professionals.

Dzung X. Vo, MD, *is a pediatrician specializing in adolescent medicine at BC Children's Hospital and clinical assistant professor at the UBC Faculty of Medicine. His work emphasizes promoting resilience in young people to help them thrive in the face of stress and adversity.*

LIMIT: None FOCUS: K-12 FORMAT: 70% Lecture 30% Interactive

T4 Good Gracious Google

See how easy it is to use a few Google tools to get some instant results, and not work so dang hard! Avi will show you how to be lazy, yet effective in your endeavours to make assessment meaningful, to increase engagement, and even try gamification. Learn easy and effective strategies for building community, student engagement and agency. After watching demonstrations of strategies and tools Avi has used, participants will be given time to explore in this hands-on session. **Note:** Please ensure you have a Google account and are able to bring a laptop for individual use to the session.

Avi Luxenburg, *2009 Premier's Excellence award winner for School Leadership, has worked with students from Grades 2-12 for 25 years teaching in diverse areas. A long time education innovator and technology "first adopter," Avi is a sought after instructor currently teaching at Vancouver Island University.*

LIMIT: 20 FOCUS: 3 - Infinity FORMAT: 70% Hands-On 20% Interactive 10% Lecture

T5 Reduce High Risk Student Drop Out

The Abbotsford School District conducted a five year study that named high risk students, identified risk factors contributing to high school dropout, and discovered the most effective protective factors to increase a vulnerable student's likelihood of graduation. This presentation will share the data gathered and outcomes of the project, as well as many strategies and programs that have been developed and implemented in the past 4 years.

Kathryn Edwards *has worked with vulnerable youth and their families for over fifteen years. Her role focuses on mental health, prevention and intervention, and high school completion. She has a breadth of experience working with community partners, teachers, administrators, and youth to target crime prevention, school dropout, and mental illness.*

LIMIT: 50 FOCUS: 6-12 FORMAT: 80% Lecture, 20% Interactive

T6 Easy Essay Writing for Everyone

Based on the Step Up to Writing model, Audrey will share her own simple but effective series of lessons to support all students in writing organized and thoughtful expository paragraphs and essays.

Audrey Pfitzenmaier, *has been supporting students with writing difficulties for most of her 28 years as a public school educator at both the elementary and secondary school levels. She has worked as a district literacy specialist as well as a Special Ed teacher for students with behaviour and special needs. Her experience using a Universal Design for Learning has helped countless teachers expand their Differentiated Instructional strategies.*

LIMIT: 35 FOCUS: 5-11 FORMAT: 20% Lecture 40% Interactive 40% Hands-On

T7 Pow Wow Dance Blast

Do you like to dance? Drum? For the first half of this session Shyama will take you on a journey of the different styles of Aboriginal prairie dances. Dust off your moccasins (or just take off your shoes), wear your comfortable clothes, bring a bottle of water and let's fancy dance! No experience necessary. In the second half, David will provide an overview of plyometric training and demonstrate simple plyometric exercises that strengthen muscles used in many powwow dance movements and can be incorporated into personalized workouts for youth and adults. Participants are encouraged to come ready to workout and live David's motto, "If you're not sweating, it's not working!"

Shyama-Priya is an accomplished International pow wow dancer. Fancy dancing and sharing the beauty and vibrancy of her culture is her passion. She works extensively within her community to support and inspire those wanting to dance and follow their dreams!

David Whitebean is a certified Personal Trainer with an interest in health, fitness and nutrition. Working in the trades taught him the importance of being in peak physical condition and he currently works to engage youth to be more proactive in their strength training in order to better prepare them for successful trades employment.

LIMIT: 24 FOCUS: K-12 FORMAT: 90% Hands-On 10% Lecture

T8 Oral Storytelling

Learn about the richness and history of storytelling through a First Nations lens. Ownership and the right to tell a story will also be discussed. Johnny will also share several stories.

Qwa-Hon, also known as Johnny Williams, is from Skowit. He is currently Mission School District's Cultural Worker where he works as an in-school mentor and support worker.

LIMIT: 30 FOCUS: K-12 FORMAT: 75% Lecture, 25% Interactive

T9 Ethnobotany Walk

Join us as we embark on a walk exploring indigenous plants of the area. Participants will learn how plants can be used for medicine, shelter and trusted as edible choices. Please wear comfy clothing and walking shoes and bring a device to take pictures!

Cyndi Orth is a Cultural Support Worker in SD 34 Abbotsford. She has been an educator for the past 8 years working primarily with middle and secondary students.

LIMIT: 30 FOCUS: K-12 FORMAT: 60% Lecture, 40% Interactive

T10 Two Presentations

1. Own Your Journey

Mountainside Secondary School (MSS) is North Vancouver's newest and smallest secondary school (which also happens to be its alternate school). MSS has become a leader in its district for approaches to mental health, supporting at-risk demographics, innovative programming, and community wrap-around services. This presentation explores this transition process and highlights areas of success and challenges.

Jeremy Church, administrator for 10 years and currently principal of Mountainside Secondary, has worked with students from K-12 who have significantly struggled to find success in our school and community systems.

LIMIT: 50 FOCUS: K-12 FORMAT: 75% Lecture 25% Interactive

2. Access to Education for Marginalized Girls

In our current system marginalized or homeless girls face significant social and institutionalized barriers impeding their access to education, and in response, they often drop out of school, increasing their vulnerability to future poverty, poor health outcomes, violence, exploitation, inequitable access to economic and social opportunities, and homelessness. Justice For Girls' Project Team of "first voice" young women will co-present their findings on how best to address the current needs of Vancouver's most marginalized girls.

Tracey McIntosh has advocated for girls' and women's rights within educational settings and anti-violence organizations for 30 years. For 15 years she led a Vancouver Alternative Program and is currently leading the Justice For Girls Project Team to develop a Girls' Advocacy and Education Center in Vancouver.

LIMIT: 50 FOCUS: 7-12 FORMAT: 50% Lecture, 50% Interactive

T11 Experiential Social-Emotional Learning

Social-Emotional Learning is building self-awareness to enable change and growth. Adventure Education uses emotional and physical risk-taking to promote learning. This workshop explores how to use adventure based games and activities to enhance social-emotional learning with at-risk students emphasizing the practice of framing and debriefing. Come ready to be active, participate, and engage in a variety of adventure activities.

Sheldon Franken is a school counselor and Outdoor Education Coordinator with the Delta School District, director of Inquiry Adventures (www.inquiryadventures.ca), and on the Association of Experiential Education North West Regional Council. His passion is using experiential education to enhance social and emotional learning.

LIMIT: 30 FOCUS: 6-12 FORMAT: 20% Lecture, 80% Interactive/Hands-On

T12 Alternate Potpourri

Choose this session if you can't decide or might not attend a session in this time slot. Your registration will be complete, your receipt will show you registered in a session, and you will get a session card to exchange at the Registration Desk if you change your mind. This way you don't take a spot in a limited session that someone else might have wanted. Win-win!

LIMIT: None FOCUS: People with Alternate Plans FORMAT: 100% Considerate

The Legendary Schmooze!

Every BCAEA member should experience at least one Schmooze!

It's a great chance to mix, mingle, and of course, schmooze [hence the name!] with people you know, and people you've just met, while enjoying a couple of beverages. Your eyes won't believe the vast array of delicious appetizers available, but after just a few bites, your stomach will be in heaven! There is sure to be something for everyone to enjoy.

Thursday 5:00 — 7:00 pm, Pavilion Ballroom.

You must wear your conference name tag for free entry.

Guest tickets [\$25] may be purchased in advance at the Registration Desk, or at the Schmooze entrance.

We look forward to seeing you there!

Friday Morning 9:00-11:30

F1 Bully Back Off

This interactive workshop is geared for administrators, teachers and other professionals working with children/youth. Participants will learn methods and skills necessary to put an end to bullying by understanding the ways they can personally end any bullying they encounter, teach anti-bullying skills to other professionals, the children/youth they work with (and their parents), and alleviate bullying behaviour in their school and/or community venue. In addition participants will learn strategies to work with those prone to bullying.

Steve Andrews formed *Bully Back Off* with a number of senior high school students from East Vancouver over 13 years ago. He has worked with children and teens for over 20 years. He has been an instructor at college level Child and Youth Care Counselling and at an Alternate School. He has been a Youth Services Coordinator and a Counsellor in Vancouver, Maple Ridge, Port Moody, and Chilliwack.

LIMIT: 60 FOCUS: K-12 FORMAT: 40% Lecture 50% Interactive 10% Hands-On

F2 In Consideration of Prescription Drugs

Learn more about prescription drugs and the effects they have on students struggling with various mental health issues. Dr. Shearer will explain the pharmaceutical approaches that have proven successful and the neurophysiological model of why they work. Additionally, a school district psychologist and a parent will share personal experiences about what it means, from an educational and parenting perspective, to work supportively with students who are using pharmaceutical interventions as part of their mental health management solution.

Dr. Sandy Shearer, now semi-retired, recently worked for the BC Children's Hospital Outreach program delivering services to smaller communities in Northwestern BC. He remains passionate about helping children and youth with mental health, developmental and behavioural issues.

Sue Purcell, retired District Psychologist, spent over 30 years working with students and their families to help them better understand learning needs and brain function. Responsible for completing Psych-Ed (psychological-educational) testing, Sue has helped many to identify specific learning needs.

Brenda Butler, mother of 3, has experienced the ups and downs of dealing with a son with ADHD who struggled to find success in school. She is passionate about helping others understand how to help kids attempting to find success in educational settings that may be ill-equipped to address the needs of learners with differences.

LIMIT: None FOCUS: K-12 FORMAT: 50% Lecture, 50% Interactive

F3 From Old School to Bold School

The world has changed in fundamental ways since the advent of the Web a quarter century ago. Few would argue that schools have lagged in their ability to stay apace with the ways in which learning has exploded in the networked, connected world in which we now find ourselves. It's becoming increasingly apparent that "old school"

thinking about how we do education is not preparing our kids for a much more complex future. But what does it take to change that thinking and to create a more "bold" vision and experience for our students? Learning from schools who have already charted a bolder path, this session will discuss a framework that leads to long-term, sustainable, modern change for schools and classrooms.

Will Richardson is an internationally known educational innovator who brought the world of Weblogs, RSS and related Internet technologies into classrooms and schools. A classroom teacher for 20 years, he has integrated these technologies into his curricula and has spoken to thousands of educators on the merits of "The Read/Write Web."

LIMIT: None FOCUS: K-12 FORMAT: 80% Lecture, 20% Interactive

F4 Good Gracious Google

This session is a repeat of T4. See how easy it is to use a few Google tools to get some instant results, and not work so dang hard! Avi will show you how to be lazy, yet effective in your endeavours to make assessment meaningful, to increase engagement, and even try Gamification. Learn easy and effective strategies for building community, student engagement and agency. After watching demonstrations of strategies and tools Avi has used, participants will be given time to explore in this hands-on session. **Note:** Please ensure you have a Google account and are able to bring a laptop for individual use to the session.

Avi Luxenburg, 2009 Premier's Excellence award winner for School Leadership, has worked with students from Grades 2-12 for 25 years teaching in diverse areas. A long time education innovator and technology "first adopter," Avi is a sought after instructor currently teaching at the Vancouver Island University.

LIMIT: 20 FOCUS: 3-12 FORMAT: 70% Hands-On 20% Interactive 10% Lecture

F5/15 Resilience, Trauma and Relationship

Why are so many more of our children and youth presenting as troubled or troubling? And why are their numbers increasing in a time of relative freedom from societal conflict and distress? Why do some bounce back from trauma and others fall apart? Dr. Neufeld puts the puzzle pieces together to reveal a three-factor model of resilience. In the process he also uncovers a type of pseudo resilience that renders children and youth more capable of functioning in wounding scenarios but is rigid and brittle and can break suddenly when the going gets too rough. **Note:** This all day session is divided into two parts, morning and afternoon. The afternoon session will assume a knowledge of the material presented in the morning.

Dr. Gordon Neufeld is a Vancouver-based developmental psychologist with over 40 years of experience with children, youth, and those responsible for them. A foremost authority on child development, Dr. Neufeld is an international speaker, a best selling author (*Hold Onto Your Kids*) and a leading interpreter of the developmental paradigm. His Neufeld Institute is now a world-wide organization devoted to applying developmental science to parenting and teaching.

LIMIT: None FOCUS: K-12 FORMAT: 80% Lecture, 20% Interactive

F6 Leadership in an Alternative Context

Often those in positions of leadership find themselves marginalized in the context of their school districts, facing challenges, experiencing successes, and making decisions very unique to the world of alternate. Through an emergent design this session will allow these themes to arise, and will aim to build a sense of community and network amongst those offering leadership in the context of alternative schools.

Jeremy Church, administrator for 10 years and currently principal of Mountainside Secondary, has worked with students from K-12 who have significantly struggled to find success in our school and community systems.

Chuck Lawson, District Principal of Alternative Education in Chilliwack School District, loves the creativity and passion of educators who are driven to support vulnerable youth.

LIMIT: 50 FOCUS: K-12 FORMAT: 20% Lecture 80% Interactive

F7 Adolescent Self-Harm: How Can I Help?

Grounded in current research and best practice, participants will learn about the function(s) self-harming behaviours serve for teens, how to differentiate these behaviours from suicide attempts, and moreover, what to do (and not do), in order to help.

PJ Lewis, co-founder of Lifted Counselling and Consulting, has experience as a family therapist at Child and Youth Mental Health with specific expertise in working with high-risk youth and families experiencing concerns such as suicidality, self-harm, depression, anxiety, trauma, and addictions.

LIMIT: 50 FOCUS: 6-12 FORMAT: 60% Lecture 20% Interactive 20% Hands-On

F8 Oh those Metis!

Together we will have tea and bannock, discuss the History of the Flower Bead work people, do a little chair jigging to some fiddle music, then create a Metis style pouch of Melton cloth with applied design.

Chris Kelly, Aboriginal presenter in SD 34 Abbotsford for over 20 years, has worked in various alternate support positions throughout the years and is a popular Alternate conference presenter.

LIMIT: 20 FOCUS: 8-12 FORMAT: 25% Lecture 75% Hands-On

F9 Consciousness in Consumer Society

Explore the hyper-consumer environment we all inhabit. What part does the media play in influencing perceptions of ourselves, each other, and the world around us? Reexamine your routine response to media saturation. Discover the aggressive and sophisticated strategies employed by advertisers and media-makers to compete for your attention and engagement. Enhance your critical awareness of the compelling and ever-present nature of media.

The Cinematheque is a Vancouver, non-profit society dedicated to the understanding of film and moving images. In workshops facilitated by filmmakers and artist educators, their Education Department reaches over 3,000 youth every year with media literacy, film studies and video production programs across BC.

LIMIT: 50 FOCUS: 6-12 FORMAT: 30% Interactive 70% Hands-On

F10/20 Reconciliation via Indigenous Education

This session is a role drama that moves through 10 000 years of history including pre-contact, contact, reserve law, Indian Residential Schools, and today's voted Chiefs focusing on the relationship between Sto:lo and Canadian governments. This experiential workshop will help participants understand how colonization of the land we now know as British Columbia and Canada has impacted the people who lived here long before settlers arrived, how the nation-to-nation relationship between indigenous and non-indigenous peoples in Canada has been damaged over the years, and how we can work toward reconciliation. **Note:** This all day session is divided into two parts, morning and afternoon. The afternoon session will assume a knowledge of the material presented in the morning.

Peggy Janicki, a Dakelh teacher recently graduated from UBC with a Masters of Education in Indigenous Knowledges and Indigenous Pedagogies, is a District Teacher in Abbotsford School District's Aboriginal Department since 2003.

LIMIT: 40 FOCUS: 3-12 FORMAT: 10% Lecture, 90% Interactive

F11 Alternate Potpourri

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LIMIT: None FOCUS: People with Alternate Plans FORMAT: 100% Considerate

Friday Afternoon: 1:00-3:30

F12 Joy in Life and Teaching

Many of us have heard about mindfulness and its benefits in the classroom, but what is 'mindfulness' really, and how can we implement it in our lives and teaching? This workshop will introduce the who, what, when, where, why and how of mindfulness for teachers, summarize the research findings on mindfulness, and present practices for incorporating it in our lives and teaching. Emphasis will be placed on cultivating teachers' own mindfulness, to help them reduce stress and grow presence, calmness, compassion and joy in life and teaching. To facilitate learning, brief periods of mindfulness practice will be included.

Melody Schalm, principal of Kind Kids (www.kindkids.org), teaches mindfulness-based social and emotional learning programs to kids and youth in greater Vancouver and provides related adult workshops and training. She is a regular guest blogger for the Dalai Lama Center, a non-profit working to educate the hearts of children by informing, inspiring and engaging the communities around them.

LIMIT: 30 FOCUS: K -12 FORMAT: 70% Lecture, 30% Experiential

F13 Modern Learning: This is Personal

In our fervor to create “personalized learning” experiences for students, we miss the most important affordance of this new content and teacher rich networked world. The real transformation that the Web creates is the license it gives us to learn whatever we want or need, when we need to, with whomever we deem helpful. This session will focus on what changes as we move to a world filled with opportunities for “personal learning.” We’ll develop a lens for questions around literacy, the role of teachers and schools, access, shifting cultures and more.

Will Richardson is an internationally known educational innovator who brought the world of Weblogs, RSS and related Internet technologies into classrooms and schools. A classroom teacher for 20 years, he has integrated these technologies into his curricula and has spoken to thousands of educators on the merits of “The Read/Write Web.”

LIMIT: None FOCUS: K-12 FORMAT: 80% Lecture, 20% Interactive

F14 Anxiety Management

MindShift is a mobile health app created by AnxietyBC in collaboration with BC Children’s Hospital to help teens and young adults cope with anxiety. Participants in this session will be provided with a demonstration of the MindShift app, its features and an overview of how the Chilliwack District utilized the app with students in Middle and Secondary School Alternate Programs and their families. In addition, other online tools and resources developed by Anxiety BC will also be shared. **Note:** Please download the free Mindshift App on your mobile device prior to the session.

Judith Law, Executive Director of AnxietyBC, is an expert in strategic planning, partnership development and performance management, has spent two decades developing, implementing and evaluating public health programs and research initiatives in Canada and internationally. With a Masters of Distributed Learning from Royal Roads University, her passion is to apply the knowledge she acquired through her academic training and business experience to innovative mobile health and distributed learning initiatives.

LIMIT: 30 FOCUS: 7 -12 FORMAT: 50% Lecture 25% Interactive 25% Hands-On

F5/15 Resilience, Trauma and Relationship

Why are so many more of our children and youth presenting as troubled or troubling? And why are their numbers increasing in a time of relative freedom from societal conflict and distress? Why do some bounce back from trauma and others fall apart? Dr. Neufeld puts the puzzle pieces together to reveal a three-factor model of resilience. In the process he also uncovers a type of pseudo resilience that renders children and youth more capable of functioning in wounding scenarios but is rigid and brittle and can break suddenly when the going gets too rough. **Note:** This continuation of the morning session assumes knowledge of the material presented in the morning.

Dr. Gordon Neufeld is a Vancouver-based developmental psychologist with over 40 years of experience with children, youth, and those responsible for them. A foremost authority on child development, Dr. Neufeld is an international speaker, a best selling author (*Hold Onto Your Kids*) and a leading interpreter of the developmental paradigm. His Neufeld Institute is now a world-wide organization devoted to applying developmental science to parenting and teaching.

LIMIT: None FOCUS: K-12 FORMAT: 80% Lecture, 20% Interactive

F16 Creating Guiding Principles

Over the last three years, Janine Hannis along with many alternate educators, visited a variety of alternate schools around the province to identify innovative practices teachers were using. In the spring of 2016, a team was formed to put all the information together creating a draft document entitled “Guiding Principles of Alternate Education.” Come join Janine and other team members to discuss and analyze these guiding principles and discuss how they can be incorporated into your school.

Janine Hannis, responsible for Alternate School Policy and Adult Education at the Ministry of Education, recently traveled the province visiting alternate schools to compile data around innovative practices and leading edge learning in the alternate programming area. Her passions also include organic gardening and cooking.

Heather Lait, currently Acting Principal of Distributed Learning and Adult Education in SD 62 [Sooke], has 5 years administrative experience working within the WestShore Learning Centre Family of schools which include Alternative Education, Distributed Learning, and Continuing Education

Chuck Lawson, District Principal of Alternative Education in the Chilliwack SD loves the creativity and passion of educators who are driven to support vulnerable youth.

LIMIT: 50 FOCUS: 8-12 FORMAT: 70% Lecture, 30% Interactive

F17 ASK ASSESS ACT Suicide Prevention

Participants will be given the opportunity to review information and the statistics around suicide in youth though a greater portion of the workshop will be focused on helping participants to feel comfortable with the ASK ASSESS ACT model of suicide intervention in order to utilize it in their practice.

PJ Lewis, co-founder of Lifted Counselling and Consulting, has experience as a family therapist at Child and Youth Mental Health with specific expertise in working with high-risk youth and families experiencing concerns such as suicidality, self-harm, depression, anxiety, trauma, and addictions. PJ’s clinical practice is informed from both interpersonal and family systems approach, while he is also extensively trained in DBT.

LIMIT: 50 FOCUS: 6-12 FORMAT: 60% Lecture 20% Interactive 20% Hands-On

F18 Beading on a Loom

We will explore the possibilities of loom work and what can be used as a loom as well as loom alterations. Students will have the opportunity to work on a wire loom using seed beads. The project will be completed in this session.

Chris Kelly, Aboriginal presenter in SD 34 Abbotsford for over 20 years, has worked in various alternate support positions throughout the years and is a popular Alternate conference presenter.

LIMIT: 20 FOCUS: 8-12 FORMAT: 25% Interactive 75% Hands-On

F19 Gender & Violence in the Media

Cinema has always been a pioneering force finding the edges of social boundaries. But when a medium as powerful as film is constantly pushing the envelope, what does that mean for us as a society? This workshop looks at different cross-sections of violence and gender in the media, the frequent intersection of the two, and poses difficult questions about what its consumption means to us as individuals, communities, and as a culture. It challenges the participants regarding notions of censorship, and asks in a society built upon free speech: how far is too far?

The Cinematheque is a Vancouver, non-profit society dedicated to the understanding of film and moving images. In workshops facilitated by filmmakers and artist educators, their Education Department reaches over 3,000 youth every year with media literacy, film studies and video production programs across BC.

LIMIT: 50 FOCUS: 6-12 FORMAT: 30% Interactive 70% Hands-On

F10/20 Reconciliation via Indigenous Education

This session is a role drama that moves through 10 000 years of history including pre-contact, contact, reserve law, Indian Residential Schools, and today's elected Chiefs, focusing on the relationship between the Sto:lo and Canadian governments. This experiential workshop will help participants understand how colonization of the land we now know as British Columbia and Canada has impacted the people who lived here long before settlers arrived, how the nation-to-nation relationship between Indigenous and non-Indigenous peoples in Canada has been damaged over the years, and how we can work toward reconciliation.

Note: This continuation of the morning session assumes knowledge of the material presented in the morning.

Peggy Janicki, a *Dakelh* teacher recently graduated from UBC with a *Masters of Education in Indigenous Knowledges and Indigenous Pedagogies*, is a District Teacher in Abbotsford School District's Aboriginal Department since 2003.

LIMIT: 40 FOCUS: 3-12 FORMAT: 10% Lecture, 90% Interactive

F21 Vitamin Nature

Richard Louv [Author of *Last Child in the Woods* and *Vitamin 'N'*] exposed the true power of nature. Exposure to and the appreciation of nature has some of the best correlations to school success – both academically and social-emotionally. Explore how to expose students to nature wherever it can be found: the playground, the cracks in the sidewalk, or the algae on the wall. Learn how to use natural exposure to investigate virtues such as resiliency, cooperation, and flexibility that exist within both the human and natural worlds.

Sheldon Franken is a school counselor and Outdoor Education Coordinator with the Delta School District, director of *Inquiry Adventures* (www.inquiryadventures.ca), and on the Association of Experiential Education North West Regional Council. His passion is using experiential education to enhance social and emotional learning. He has presented at numerous conferences and schools in the use of adventure education to compliment various pedagogical objectives.

LIMIT: 30 FOCUS: 6-12 FORMAT: 20% Lecture, 80% Interactive/Hands-On

F22 Golden Handcuffs: Retirement Decisions

When is the best time to retire for you? What will your post-teaching life be like? This session focuses on a holistic inspection of the importance of health, happiness and longevity, with plenty of time to address participant queries and concerns. John will share his own retirement experience so far, and he has some strong opinions about retirement that he shares!

John Duncan, longtime BCAEA Registrar, leads an exciting life as a retired teacher after more than 30 years working in public education. Although he taught in a variety of settings, the majority of his career was in an Alternate setting in BC's interior. An avid white water kayaker spending over a 100 days per year on the water, John still finds time to contribute to the Alternate Education world, to explore other avenues of generating income, and to expand his knowledge about technology.

LIMIT: 25 FOCUS: Retirement FORMAT: 100% Interactive

F23 Swordplay, Knights, and Teambuilding

And now for something completely different! As soon as you come through the door at Academie Duello, you will have a sword in your hands and begin learning the basics of attack, defense, decisiveness, and strategy as you learn to survive and win a duel. Through work in teams and friendly competition with your peers, our coaches will teach you to act with daring and decisiveness, out-think the competition, and apply the five principles of success to your swordplay team. **Note:** Be on time for the taxi ride to this off site session.

Academie Duello is a martial arts school of European swordplay and historical fencing. Based in Vancouver, it specializes in lessons with the rapier, longsword and sidesword, as well as traditional Italian grappling, pole weapons, knife and other knightly arts.

LIMIT: 12 FOCUS: K-12 FORMAT: 100% Interactive FUN

F24 Alternate Potpourri

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LIMIT: None FOCUS: People with Alternate Plans FORMAT: 100% Considerate

Wanna be a session host?

Session hosts introduce the speaker at the beginning of the session, thank the speaker at the end, collect the evaluation cards, and ensure that they are returned to the registration desk. You can volunteer during the online registration process. Or for more information, send an email to:

Jim Lawson, BCAEA Secretary, secretary@bcaea.com



Challenge & Change 2017

30th Annual Conference

February 15, 16 & 17, 2017 • Sheraton Vancouver Wall Centre • 1088 Burrard Street, Vancouver, BC

Register Online

Fees

Before December 16, 2016: One Day \$150 Two Days \$225
After December 16, 2016: One Day \$175 Two Days \$250

Registration includes complimentary continental breakfast[s] and The Schmooze!

Payment

Paying by credit card is fast, easy, and secure. Know instantly if you got the sessions you want, and print a receipt right away. School district or company cheques are accepted up to the Early Bird cutoff date. After that, payment is by credit card only. Make cheques payable to BCAEA and mail to:

John Duncan, BCAEA Conference Registrar
2709 Highway 3A, South Slokan, BC V0G 2G1

Group Registration

Group registrations with one credit card transaction can be done online via the Save and Add New Registrant button on the registration form. Group registrations of 20 or more people may qualify for a discount. Contact the Registrar, John Duncan, via email [registrar@bcaea.com] for details.

Cancellation Policy

Refunds for registrations paid by credit card can be processed within 48 hours after the registrar receives the emailed request. Send your request to John Duncan [registrar@bcaea.com]. Refund requests for registrations paid by cheque take 6-8 weeks and must be emailed to the Registrar prior to February 16, 2017.

Need Help?

Registration Questions

John Duncan, Conference Registrar
email: registrar@bcaea.com

General Conference Questions:

DJ Pauls, Conference Co-ordinator
email: djpauls@shaw.ca
phone: 604.859.3015

Hotel Reservations

Sheraton Vancouver Wall Centre

1088 Burrard Street 1.800.663.9255 or 604.331.1000
Vancouver, BC reservations@wallcentre.com

Make/Modify/Cancel a hotel room directly with the Sheraton by going to our event specific link:

www.starwoodmeeting.com/events/start.action?id=1609161541&key=346777BC

Room rate per night [Reserve before Jan. 20, 2017]

\$139 Regular room [1 or 2 beds] Single/double occupancy.
\$189 Family Suite [3 beds] Single/double occupancy.
Extra registered guests \$30 each.

Important!

If reserving after January 20, you must call and specifically ask for the front desk of the Sheraton Vancouver Wall Centre Hotel to see if there are still rooms available at the conference rate.

Please note that hotel reservations are made separately from the conference registration. Space fills up quickly, so we recommend reserving early. You can cancel your hotel reservation up to 24 hours prior to arrival with no penalty.

Transportation/Parking

Skytrain (Canada Line)

You have to have a Compass Card to travel. Take Canada Line to Vancouver City Centre stop. Walk seven blocks to the hotel, or walk to Howe and Robson and take either #10 Granville, #4 UBC, #50 False Creek South, or #7 Dunbar bus, and get off at Helmcken Street.

Aeroshuttle

Leaves the airport every 30 minutes and stops at downtown hotels.
\$15 per person one way, \$25 return.

Taxi

Taxis are available at the airport. Fares are typically \$30 and up.

Limousine

Limosines start at \$50 and are a great way for a small group to get to the hotel in style.

Parking

Day parking at the Sheraton is \$14 if you arrive before 8:00 am and leave before 6:00 pm. Evening parking [6:00 - midnight] is \$10. Overnight parking for guests is \$45. There are other parking lots nearby with varying rates.

PDF Conference brochures are available at www.bcaea.com/conference.html