



Challenge & Change 2022

34th Annual Conference

February 16, 17 & 18, 2022 • Sheraton Vancouver Wall Centre • 1088 Burrard Street, Vancouver, BC

Conference Schedule

Wednesday, February 16th

7:00 pm – 9:00 pm Pick up registration materials at registration desk [Coat check near Pavilion Ballroom].
Check at hotel registration desk for location if you are unsure.

Thursday, February 17th

7:30 am – 8:50 am Registration, Publishers' Displays, Continental Breakfast in Pavilion Foyer
9:00 am – 9:15 am Opening Remarks
9:15 am – 11:30 am Keynote Address – Dr. Patrick Thomas
11:30 am – 1:00 pm Lunch on your own. Many wonderful restaurants within 6-block radius of hotel.
1:00 pm – 4:00 pm Afternoon Sessions T1–T11
5:00 pm – 7:00 pm The Schmooze! Pavilion Ballroom. Registration name tag gets you in for free. Buy guest name tag for \$25.

Friday, February 18th

8:00 am – 8:50 am Registration, Publishers' Displays, Continental Breakfast in Pavilion Foyer
9:00 am – 11:30 am Morning Sessions F1–F12
11:30 am – 1:00 pm Lunch on your own. Many wonderful restaurants within 6-block radius of hotel.
11:40 am Annual General Meeting in Blue Whale Room [Near Registration Desk]
1:00 pm – 3:30 pm Afternoon Sessions F13–F23

Keynote Address - Pink Water Buffalos Swimming in a Giant Bowl of Jell-O

Dr. Patrick Thomas

Patrick and his school community appeared in the award-nominated documentary SKIDS in 2019, where they shared their battle to overcome the devastating consequences of trauma, judgment and the labels cast upon them. With the lessons learned from those battles won and lost in the trenches of the alternative education system, Patrick shares his 25+ years of experiential learning as a Special Education Assistant, Alternative Education Teacher, Counsellor and Administrator. With his graduate work at the University of Hawaii and Harvard University, Patrick summarized his research with the Adaptive Identity Model in his short course, Pink Water Buffalos Swimming in Jell-O, and followed this up in his book, Guerilla Education. Patrick's work within alternate education and therapeutic programs was recognized federally with the Unsung Heroes 150th Year Senate Medal of Canada for Innovative Education for his international contributions to therapeutic education.

Thursday Afternoon 1:00 pm to 4:00 pm

T01 Pink Water Buffalos, Part II

This session is a follow up to the Keynote address with a question and answer session.

Chandra Balaskrishnan is the Vice-Principal of Vanguard Secondary in Langley, B.C. and a professor of mathematics at Thompson Rivers University. Chandra has spent the last 30 years working in both comprehensive and alternative schools in a variety of roles (including a Youth Care Worker) with a focus on imaginative engagement and play

Dr. Patrick Thomas is the Principal of Vanguard Secondary in Langley, B.C. with 25+ years experience working directly and designing alternative learning environments. He will be available to highlight any component of the keynote as well as take on additional questions unanswered.

LIMIT: 50 FOCUS 6-12: 20% Lecture 80% Interactive Hands-On

T02 Indigenous Culture and Health Care

Discrimination is present in our current medical system, putting into question the "universality" of our universal health care. Pixie will lead a talking circle about the common obstacles marginalized youth, especially those who identify as First Nations, Inuit and Métis, have when accessing health care. Ideas will be presented on how educators may be able to help youth access cultural support to attain greater health and well being in their lives.

Pixie Wells is the Fraser Valley Métis Association President, Director of Housing and Representative for LGBTQ2+. As a proud two-spirited person, she serves her community by exploring safe and sustainable housing options for indigenous people and to advocate for the health and well-being of the LGBTQ2+ members.

LIMIT: 40 FOCUS: 6-12 50% Lecture 50% Interactive

T03 Resistance and Opposition in Adolescents

The shift to adolescence brings about a natural shift to increasing resistance and opposition when feeling pressed upon or controlled. Although the reaction is quite normal and even healthy in certain circumstances, its manifestations and impact can be highly disruptive and disturbing, making life difficult for parents and teachers. Resistance can take many forms from negativism to noncompliance depending upon the age and personality of the child. We will discuss the meaning of this deep-rooted instinct as well as the dynamics that control its existence and expression and explore ways to positively address oppositionality in a classroom setting.

Dr. Deborah MacNamara provides counselling and educational services to parents and professionals based on the relational-developmental approach of Dr. Gordon Neufeld. She is on Faculty at the Neufeld Institute and presents on all of the Neufeld material. Deborah is a dynamic teacher and experienced counsellor with over 20 years experience in educational and mental health settings.

LIMIT: 200 FOCUS: K-12 70% Lecture 30% Interactive

Free

Exhibitor's Gift Certificate*

*Must volunteer to act as a session host and introduce the speaker at the beginning of the session, thank the speaker at the end, remind participants to evaluate the session on the app and/or collect the evaluation cards and return them to the registration desk.

Interested? Mark YES to the Session Host question during online registration, or you can email Michele Genge, BCAEA Secretary:

secretary@bcaea.com and let her know.

T04 Painting Without a Paintbrush

Throw everything you know about art out the window! Working with at-risk youth requires creativity, persistence, and thinking outside the box. Using art with youth is no different. Whether you fancy yourself an artist, or are artistically challenged, this workshop is for you. Together we'll use multimedia approaches to learn about the brain and creativity, and teach you skills to use art as a medium for connecting with youth and helping them connect with themselves, and with each other.

Andrew Neufeld is the Co-Founder, CEO and Clinical Director of Alongside You, Principal at Immerse Consulting, and Clinical Faculty at UBC in the Department of Psychiatry. His passion is helping clients increase their resilience so they can thrive.

Meg Neufeld is the Co-Founder and Director of People and Culture at Alongside You, has taught at UBC and Douglas College and held positions in private and public organizations. Meg is a practicing artist and runs programs for at-risk youth using her unique perspective on integrating the arts, creativity and mindfulness into education.

LIMIT: 40 FOCUS: K-12 30% Lecture 20% Interactive 50% Hands-On

T05 Escorted to Court

Join us on a field trip to the Vancouver Law Courts complex, a two-block walk from the Wall Centre. The afternoon will include getting an orientation to the province-wide programs available with the Law Courts Education Society, watching a Youth Court hearing and/or sentencing in progress, and meeting a Provincial Court Judge and having a discussion session.

The Justice Education Society creates innovative programs and resources that improve legal capability and increased access to justice.

LIMIT: 30 FOCUS: 6-12 10% Lecture 40% Interactive 50% Hands-On

T06 Devotional Film

Participants in this session will learn about devotional filmmaking as a viable form of education that can foster entirely new kinds of information for students who may not be responding to traditional forms of pedagogy. Using his recently finished documentary "Focused Life" as a case study, this workshop will highlight what Conor has learned about attention, distraction, and meditation, as well as provide curriculum guidelines for devotional filmmaking based on core insights. Relevant clips from the film will be used to demonstrate concepts outlined in the presentation.

Conor Provenzano is a filmmaker, photographer and theater projectionist who graduated from the University of Utah with a BA in Film and Media Arts in 2011. Over the last seven years Conor has worked as a freelance videographer and editor on a variety of collaborative media projects.

Ruggero Romano is a documentary filmmaker, public speaker and radio show host based in Vancouver, where he hosts his film talk show/podcast "Room Tone The Radio Show". His documentary V6A was released with the purpose to inspire locals and dissolve the stigma projected onto homelessness, addiction and mental health.

LIMIT: 45 FOCUS: 10-12 80% Lecture 20% Interactive

T07 Pow Wow Dance and De-Stress

Put your cardio to the test! Begin with pow wow intro to warm up, move into the jingle dance's intricate foot work, transition into the grass dance's smooth slow motion moves, then pump up the energy with the energetic fancy dance! Then we will transition with a smudge to move into a guided meditation with David Whitebean. Get in touch with your breath, release stress and let the music guide you to feeling peace within as well as without.

Shyama Priya is an accomplished International pow wow dancer. Fancy dancing and sharing the beauty and vibrancy of her culture is her passion. She works extensively within her community to support and inspire those wanting to dance and follow their dreams!

David Whitebean is a certified Personal Trainer with an interest in health, fitness and nutrition. Working in the trades taught him the importance of being in peak physical condition and he currently works to engage youth to be more proactive in their strength training in order to better prepare them for successful trades employment.

LIMIT: 24 FOCUS: K-12 10% Lecture 90% Hands-On

T08 Repeat Offender, Sumthin' Different

In this session we will needle felt all the colours of the sky! We will discuss the Northern lights, the colours and the science then have fun creating a felted bag with the northern lights needle felted on it! No experience necessary.

Spêshelwèt, First Nations/Métis, Chris Kelly has been with the Alternate Conference for many years as an attendee and a presenter. Chris has been with the Abbotsford school District for over 30 years. 2022 will find her working in School District #34 as a Indigenous Support Worker Mentor.

LIMIT: 20 FOCUS: K-12 30% Interactive 70% Hands-On

T09 TAME Panic in the Classroom

With an increasing number of students experiencing anxiety problems, teachers may find themselves wondering what to do when panic attacks in the classroom. Participants will discover how to "TAME" panic by learning about how Thoughts (cognitions) and Actions (behaviours) can fuel or fade panic. Best treatment practices will be shared and the role educators can play discussed. Please download Anxiety Canada's MindShiftCBT app prior to the session.

Dr. Melanie Badali is an award winning Registered Psychologist with over 20 years of experience working as a psychotherapist, educator, researcher and mental health advocate.

LIMIT: 60 FOCUS: 6-12 40% Lecture 20% Interactive 40% Hands-On

T10 Essay Writing Made Easy for Everyone

Based on the Step Up to Writing model, Audrey will share her own simple but effective series of lessons to support all students in writing organized and thoughtful expository paragraphs and essays.

Audrey Pfitzenmaier has been supporting students with writing difficulties for most of her 30 years as an elementary and secondary school educator. Using a Universal Design for Learning philosophy, she has helped countless teachers expand their Differentiated Instructional strategies in developing strong writing skills in their students of mixed ability classrooms.

LIMIT: 35 FOCUS: 6-12 20% Lecture 40% Interactive 40% Hands-On

T11 Alternate Potpourri

Choose this session if you can't decide what session to take or might not attend a session in this time slot. Your registration will be complete, your receipt will show you registered in a session, and you will get a session card to exchange at the Registration Desk if you change your mind. This way you don't take a spot in a limited session that someone else might have wanted. Win-win!

LIMIT: 200 FOCUS: K-12 100% Hands-On

The Legendary Schmooze!

It's a great chance to mix, mingle, and of course, schmooze (hence the name!) with people you know, and people you've just met, while enjoying a couple of beverages. Your eyes won't believe the vast array of delicious appetizers available (ably catered once again by the Chef Lori Pilling and the incredible staff and students from the Delta Secondary Cafeteria Program), but after just a few bites, your stomach will be in heaven! There is sure to be something for everyone to enjoy.

Thursday 5:00 –7:00 pm

Pavilion Ballroom

Wear your conference name tag and your face mask for free entry.

Guest tickets [\$25] may be purchased in advance at the Registration Desk, or at the Schmooze entrance.

We look forward to seeing you there!

Friday Morning 9:00-11:30

F01 Essay Writing Made Easy for Everyone (REPEAT of T10)

Based on the Step Up to Writing model, Audrey will share her own simple but effective series of lessons to support all students in writing organized and thoughtful expository paragraphs and essays.

Audrey Pfitzenmaier has been supporting students with writing difficulties for most of her 30 years as an elementary and secondary school educator. Using a Universal Design for Learning philosophy, she has helped countless teachers expand their Differentiated Instructional strategies in developing strong writing skills in their students of mixed ability classrooms.

LIMIT: 35 FOCUS: 6-12 20% Lecture 40% Interactive 40% Hands-On

F02 Two-Spirited Health

Participants in this talking circle will discuss how we create a stigma and discrimination free world for the next generation of humans. How do we understand the complex identities of 2SLGBTQIA+ people in our schools? How do we support their health and wellness? How do we elevate and celebrate them in their journey forward? What agencies may assist with tools to facilitate educational growth and understanding?

Pixie Wells is the Fraser Valley Métis Association President, Director of Housing and Representative for LGBTQ2+. As a proud two-spirited person, she serves her community by exploring safe and sustainable housing options for indigenous people and to advocate for the health and well-being of the LGBTQ2+ members.

LIMIT: 40 FOCUS: 6-12 50% Lecture 50% Interactive

F03 Your Gift Within

Everywhere you go heads are down with faces not engaged in one another which brings forth the questions 'Where are we leading the next generation?' and 'What are we reaching for?' Technology is leading edge while anxiety, depression and narcissism are present in epidemic proportions. We are seeing the effects on body, mind and soul. In a noisy world it is important to offer youth unique, independent tools to assist as they navigate their journey. Participants will gain insight into how to inspire students to discover their own gifts within waiting to shine light on the world.

Kim Laureen is co-founder of Fresh Independence Productions - a writer, speaker and advocate for youth and families at risk. She is Director of the newly released documentary 'selfless.' Kim says being a mom of 8 has prepared her well and lends authenticity, compassion and understanding to the challenges parents and teachers face today.

LIMIT: 50 FOCUS: 6-12 40% Lecture 60% Interactive

F04 Trauma Informed Practice: Beyond Buzzwords

Trauma Informed Practice has been a buzzword in education for the better part of a decade. TIP is crucial to us being effective in working with children, and working with each other. We have to get past the buzzword, and dig into the practical. Together, we'll define trauma and look at how trauma impacts kids and their development and health outcomes. We'll look at how our own trauma impacts our work and gain practical insights into tangible ways that trauma informed practice can influence how we work with children throughout the age span - ways that can change lives.

Andrew Neufeld is the Co-Founder, CEO and Clinical Director of *Alongside You*, Principal at *Immerse Consulting*, and Clinical Faculty at UBC in the Department of Psychiatry. He is a Registered Clinical Counsellor, Registered Marriage and Family Therapist, Certified Birkman® Consultant and Executive and Leadership Consultant, with over 15 years of experience working with individuals, couples, families, and professionals. His passion is helping clients increase their resilience so they can thrive.

LIMIT: 100 FOCUS: K-12 50% Lecture 30% Interactive 20% Hands-On

F05 Attention Problems – How We Can Help?

What are the effects of adverse childhood experiences and trauma on brain development? Why do some students manifest significant behavioural and learning difficulties despite the fact that teachers are better trained than ever, and our pedagogical practices are constantly improving? Practices that are developmentally and attachment-friendly, and also trauma-informed will be presented. These interventions are currently being used in classrooms and schools and can make a difference in the lives of students and those involved in their education.

Eva de Gosztonyi, MA, is a school psychologist who has worked in the field for over 40 years. She is the Coordinator of the Centre of Excellence for Behaviour Management, a support to the 10 English School Boards of Quebec. She blends theory with practice and has successfully guided staff working in alternative settings using the Neufeld approach. She is on Faculty at the Neufeld Institute and an authorized presenter of the Neufeld paradigm.

LIMIT: 200 FOCUS: K-12 80% Lecture 20% Interactive

F06 Media Manipulations

Do you control the media, or does the media control you? How do attitudes toward media change over time, and how can teachers more effectively communicate with their students about healthy media habits? Through interactive examples and activities, participants will reflect on their own media habits and those of their students. A discussion of different hopes and fears about media throughout history will highlight what is unique about our present moment, giving us hope about our media future.

Chelsea Birks is the Learning & Outreach Director at The Cinematheque, where she has collaborated on a range of programs and events aimed at engaging her community with all aspects of film culture.

Thea Loo is a filmmaker and photographer who enjoys producing film projects related to her main interests in film which are Asian-Canadianism and religion.

LIMIT: 40 FOCUS: 10-12 30% Lecture 50% Interactive 20% Hands-On

F07 Serious Play

Social-Emotional Learning is the umbrella that guides our processes in addressing mental health, school climate, positive behaviour approaches, and growth mindset. Serious Play: Building your Social-Emotional Learning Toolbox is a workshop that exposes participants to hands-on cooperative games and activities that address both the broad and specific foundations of social emotional learning. The experiential nature of the workshop will allow the participants to learn first-hand new facilitation and debriefing skills and how active engagement can provide a meaningful method to learning. You can implement these new tools and skills back in your schools and practices immediately.

Sheldon Franken is a school counsellor for the Vancouver School Board and the workshop facilitator and owner of *Inquiry Adventures* and is known for his activity based and hands-on learning style of facilitation. He has presented workshops and keynotes on active and experiential social-emotional learning to educational and mental wellness organizations across North America.

LIMIT: 60 FOCUS: K-12 10% Lecture 40% Interactive 50% Hands-On

F08 Haudenosaunee Raised Beadwork

Together we will explore the history of this unique beadwork style and where it originated. After sharing information and examples attendees will try their hand at making a raised beadwork sample. We will be threading needles; don't forget your glasses! Let's gather and support one another.

Spèshelewèt, First Nations/Métis, Chris Kelly has been with the Alternate Conference for many years as an attendee and a presenter. Chris has been with the Abbotsford school District for over 30 years. 2022 will find her working in School District #34 as a Indigenous Support Worker Mentor.

LIMIT: 20 FOCUS: K-12 20% Lecture 30% Interactive 50% Hands-On

F09 Laugh Out Loud Literary Devices

We all know the serious side of creative writing, but what about the lighter side of the literary arts? This workshop will hit the funny bone of disengaged students with laugh out loud examples of personification, simile, metaphor, hyperbole, and more! Add in some activities that allow students to practice these devices, and get ready to see some beautiful and hilarious results. Regardless of the outcome, it will be seriously good writing!

Miranda Krogstad, spoken word poet and educator, has performed creative writing workshops in dozens of cities across Western Canada. A semi-finalist in the 2016 national poetry slam, a two-time Canada Council for the Arts grant recipient, a Calgary Arts Development Grant Recipient, and a participant in the Banff Centre International Spoken Word Program, she has since founded the local poetry organization YYSpeak.

LIMIT: 45 FOCUS: 6-12 40% Lecture 10% Interactive 50% Hands-On

F10 From Reject to Resilient

From intake to graduation (reject to resilient), this session is designed to remind us of the importance of seeing past the outside behaviour of students and approaching students with curiosity and concern instead of preconceived labels and judgement. Using Vanguard's "Safety, Adaptation, Leadership" lens, conversation will focus on our enhanced intake process, restorative resource support, creative teaching practice and dedicated therapeutic services.

Mindy Janzen is a school counselor and Department Head of the Restorative Resource Support Team for Vanguard Secondary School in Langley, British Columbia. She has been an educator for 32 years (K-12) and has recently become a presenter with Reclaiming Youth International. Mindy calls herself an "injector of hope" and her desire is to inspire you to be the same.

Kim Leifso has been working with teens for over 20 years and has spent much of that time working specifically with children and youth who are at high risk for suicide. Most recently she has been working at Vanguard Secondary School as an Intervention Clinician and Therapeutic Services Department Head, offering therapeutic services to students and clinical oversight to a team of youth workers. She also works as a Violent Threat Risk Assessment trainer, focused on mental health, with Safer Schools Together.

LIMIT: 50 FOCUS: 6-12 80% Lecture 20% Interactive Hands-On

F11 Seven Grandfather Teachings

Learning about Anishinaabe cultural teachings is a natural way to address the social emotional learning outlined in the Core Competencies of the BC Ministry of Education curriculum. Participants in this session will learn about the Seven Grandfather teachings and then participate in interactive activities focused on using sharing circles, journal writing and art activities to demonstrate how to help students explore and connect the teachings to Indigenous ways of knowing and being. How participants might use the Grandfather teachings to help students learn to connect their personal morals and virtues in positive ways with their peers, their family and their communities will also be discussed.

Tina Maphoso is an Aboriginal Cultural Presenter who currently works as an Indigenous Support Worker in the Langley School District. Tina is of Cree and Métis descent and has worked for 14 years helping youth better understand the Indigenous culture. She previously worked in the Abbotsford school district.

LIMIT: 30 FOCUS: 6-12 30% Lecture 30% Interactive 40% Hands-On

F12 Alternate Potpourri

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LIMIT: 200 FOCUS: K-12 100% Hands-On

Covid Policies

The BCTF has given us the go ahead to hold an in-person conference in February 2022 (woohoo!) subject to the rules then in place by the Provincial Health Officer and the Sheraton Vancouver Wall Centre, our conference venue. In mid-November, 2021, the rules we must follow for attendance at the conference and/or staying at the hotel include proof of vaccination and wearing a mask at all times while in the hotel.

But as we have seen, things can change rapidly. While the event capacity limit is 100% currently, that could change at any time. We have contingency plans in place should the capacity limit decrease, including using larger conference spaces for the same number of session participants in order to meet those potentially lower capacity limits.

We will do our best to keep the conference page on our website up to date with the rules.

Friday Afternoon: 1:00-3:30

F13 Your Gift Within

(REPEAT of F03)

Everywhere you go heads are down with faces not engaged in one another which brings forth the questions 'Where are we leading the next generation?' and 'What are we reaching for?' Technology is leading edge while anxiety, depression and narcissism are present in epidemic proportions. We are seeing the effects on body, mind and soul. In a noisy world it is important to offer youth unique, independent tools to assist as they navigate their journey. Participants will gain insight into how to inspire students to discover their own gifts within waiting to shine light on the world.

Kim Laureen is co-founder of Fresh Independence Productions - a writer, speaker and advocate for youth and families at risk. She is Director of the newly released documentary 'selfless.' Kim says being a mom of 8 has prepared her well and lends authenticity, compassion and understanding to the challenges parents and teachers face today.

LIMIT: 50 FOCUS: 6-12 40% Lecture 60% Interactive

F14 Neurobiology and Movement in Practice

Discover how movement can help students and educators with emotional regulation and non-verbal communication. Learn to recognize kinesthetic empathy by first engaging in the mind-body connection. Exercises in this workshop can be used with groups, individuals, or the self to support the integration of social, emotional, cognitive, and physical wellness. By experiencing interoception, participants will gain self-compassion to facilitate relating and connecting with others.

Andrew Neufeld is the Co-Founder, CEO and Clinical Director of Alongside You, Principal at Immerse Consulting, and Clinical Faculty at UBC in the Department of Psychiatry. His passion is helping clients increase their resilience so they can thrive.

Stefanie Tong has worked with children and families for over 15 years in non-profit, public health, and private practice sectors. It is her joy to use a mind-body approach in joining clients to unfold the innate qualities of emotional expression.

LIMIT: 40 FOCUS: K-12 10% Lecture 40% Interactive 50% Hands-On

There's still time!

Those presenters aren't going to introduce themselves you know! Volunteer to be a session host and get an exhibitor's Gift Certificate as a Thank You.

Plus, Santa Claus will be taking note!

F15 Attention Problems – How We Can Help?

(REPEAT OF F05)

What are the effects of adverse childhood experiences and trauma on brain development? Why do some students manifest significant behavioural and learning difficulties despite the fact that teachers are better trained than ever, and our pedagogical practices are constantly improving? Practices that are developmentally and attachment-friendly, and also trauma-informed will be presented. These interventions are currently being used in classrooms and schools and can make a difference in the lives of students and those involved in their education.

Eva de Gosztonyi, MA, is a school psychologist who has worked in the field for over 40 years. She is the Coordinator of the Centre of Excellence for Behaviour Management, a support to the 10 English School Boards of Quebec. She blends theory with practice and has successfully guided staff working in alternative settings using the Neufeld approach. She is on Faculty at the Neufeld Institute and an authorized presenter of the Neufeld paradigm.

LIMIT: 200 FOCUS: K-12 80% Lecture 20% Interactive

F16 Smartphone Filmmaking in the Classroom

This hands-on workshop with The Cinematheque will introduce the basic steps and techniques involved in digital filmmaking, so that you can start shooting films in your classroom! Participants will learn the process of making short films using smart phones and other readily available equipment and software, from pre-production to shooting to editing. Hands-on activities using equipment provided by The Cinematheque will help you make sure your students' videos look and sound great!

Chelsea Birks is the Learning & Outreach Director at The Cinematheque, where she has collaborated on a range of programs and events aimed at engaging her community with all aspects of film culture.

Thea Loo is a filmmaker and photographer who enjoys producing film projects related to her main interests in film which are Asian-Canadianism and religion.

LIMIT: 40 FOCUS: 6-12 30% Lecture 30% Interactive 40% Hands-On

F17 The Beauty of Coping

This Beauty of Coping workshop will dive into the Dialectical Behaviour Therapy ACCEPTS model of coping. We will explore a variety of strategies that can support the development of healthy coping within a variety of different settings, situations, and populations. Come join the Beauty of Coping Workshop for an opportunity to expand our own and our students' coping toolbox, overall mental wellness, and start building the road towards resiliency.

Sheldon Franken is a school counsellor for the Vancouver School Board and the workshop facilitator and owner of Inquiry Adventures and is known for his activity based and hands-on learning style of facilitation. He has presented workshops and keynotes on active and experiential social-emotional learning to educational and mental wellness organizations across North America.

LIMIT: 60 FOCUS: 10% Lecture 40% Interactive 50% Hands-On

PDF brochures and online registration: www.bcaea.com/conference.html

F18 You Can Do That???

Participants will learn about the origins of pine needle baskets and work with pine needles too, having the opportunity to create a pine needle medallion necklace which is the same stitch used to create the traditional pine needle basket. Attendees will be able to complete their medallion in the session all while discussing some of the particulars in organizing such activities for groups in schools or community program settings.

Spêshelewèt, First Nations/Métis, Chris Kelly has been with the Alternate Conference for many years as an attendee and a presenter. Chris has been with the Abbotsford school District for over 30 years. 2022 will find her working in School District #34 as a Indigenous Support Worker Mentor.

LIMIT: 20 FOCUS: K-12 20% Lecture 80% Hands-On

F19 Hands-On Activities to Get Your Students Writing

Getting pen to paper can be somewhat of a challenge. Especially in youth, where inhibitions and insecurities are at an all-time high, putting ourselves out there creatively can be daunting. Using a series of prompts and games, however, this workshop will take some of the pressure off of the blank page. Giving students an “in” regardless of their abilities and interest, we will try some hands-on activities that will get the ink flowing from even your most reluctant writers!

Miranda Krogstad, spoken word poet and educator, has performed creative writing workshops in dozens of cities across Western Canada. A semi-finalist in the 2016 national poetry slam, a two-time Canada Council for the Arts grant recipient, a Calgary Arts Development Grant Recipient, and a participant in the Banff Centre International Spoken Word Program, she has since founded the local poetry organization YYSpeak.

LIMIT: 45 FOCUS: 6-12 40% Lecture 10% Interactive 50% Hands-On

F20 Project Resiliency

Project Resiliency offers students the opportunity to address what is preventing them achieving their full potential. Through youth friendly and engaging activities, students explore personal adversities as well as personal and family strengths. This structured experience encourages the consideration and incorporation of healthy coping strategies and establishes positive adult supports within the school and community. We believe that relationship is the greatest tool for connecting with and influencing young people. We seek to understand each person's unique story and perspective to increase their own and others empathy, and to start to explore the issues underlying surface behaviours.

Dee Koruz is a co-founding member of Project Resiliency and a member of both the district Mental Health Literacy team, and the newly formed District Student Wellness Team where she is a passionate champion for improving mental health literacy and mental health practices among students, staff, parents and the community.

Cindy Pettit has been supporting young people and their families in the Langley School District for almost 30 years as a youth worker, a family support worker, a drug and alcohol worker, and as Clinician and co-creator of Project Resiliency. She is a member of both the District Mental Health Literacy Team, and the newly formed District Student Wellness Team. All her work has focussed on connecting and healing through relationship and the use of empathy, and on reducing stigma and increasing help seeking for mental health and substance use concerns.

LIMIT: 50 FOCUS 6-12: 20% Lecture 80% Interactive Hands-On

F21 Métis – the Flower Beadwork People

Participants will learn the history and cultural significance of beadwork to the Métis people. Participants will review some of the work that Métis beadwork artists have done and then make a beaded flower of their own. Tina will review some of the essential preparatory steps required for those wanting to do beadwork with large or small groups of youth in school or community program settings.

Tina Maphoso is an Aboriginal Cultural Presenter who currently works as an Indigenous Support Worker in the Langley School District. Tina is of Cree and Métis descent and has worked for 14 years helping youth better understand the Indigenous culture. She previously worked in the Abbotsford school district.

LIMIT: 25 FOCUS: 6-12 20% Lecture 20% Interactive 60% Hands-On

F22 Film-Driven Engagement

We deeply believe in the power of audio-visual storytelling as a medium that can create a frame of conversation. This is of tremendous importance given our need of context to lead healthy conversations with youth. The purpose of this workshop is to educate, inform and inspire educators on the use of film in class. We will explore the advantages and disadvantages of the medium through three questions: Why is film the right medium for your engagement? How does film interact, engage and move us for the better? How can the medium of film be taken to the next level? The whole experience will be interwoven by a series of intellectual motifs that function as arcs for the message. The priority is to shine light on how this medium can help educators deliver their message to youth and colleagues.

Ruggero Romano is a documentary filmmaker, public speaker and radio show host based in Vancouver, where he hosts his film talk show/podcast "Room Tone The Radio Show". His documentary V6A was released with the purpose to inspire locals and dissolve the stigma projected onto homelessness, addiction and mental health.

Conor Provenzano is a filmmaker, photographer and theater projectionist who graduated from the University of Utah with a BA in Film and Media Arts in 2011. Over the last seven years Conor has worked as a freelance videographer and editor on a variety of collaborative media projects.

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F23 Alternate Potpourri

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LIMIT: 200 FOCUS: K-12 100% Hands-On



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Register Online

Registration Website

www.bcaea.com/conference.html

Fees

Until December 19, 2022: One Day \$200 Two Days \$275
After December 19, 2022: One Day \$225 Two Days \$300

Registration includes complimentary continental breakfast(s), The Schmooze, and one year membership in the BCAEA.

Payment

Paying by credit card is fast, easy, and secure. Know instantly if you got the sessions you want, and print a receipt right away.

Cancellation Policy

You can cancel your registration yourself by following the instructions in your confirmation email. Credit card refunds typically take 48 hours.

Hotel Reservations

Sheraton Vancouver Wall Centre

1088 Burrard Street 1.800.663.9255 or 604.331.1000
Vancouver, BC reservations@wallcentre.com

Make/Modify/Cancel Hotel Reservations

Book directly with the Sheraton by going to our event specific link:

<https://tinyurl.com/kr8cww52>

Room rate per night (Reserve before Jan. 17, 2022, taxes extra)

\$139 Regular room (1 or 2 beds) Single/double occupancy.

\$199 Family Suite (3 beds) Single/double occupancy.

Extra registered guests \$30 each.

Important!

If reserving after January 17, 2022, you must call and specifically ask for the front desk of the Sheraton Vancouver Wall Centre Hotel to see if there are still rooms available at the conference rate.

Please note that hotel reservations are made separately from the conference registration. Space fills up quickly, so we recommend reserving early. You can cancel your hotel reservation up to 24 hours prior to arrival with no penalty.

Transportation

Skytrain (Canada Line)

You have to have a Compass Card to travel. From airport take Canada Line to Yale-Roundhouse stop. Transfer onto #6 Davie bus to Davie at Burrard then walk 1.5 blocks to hotel. Or get off at Vancouver City Centre stop and walk seven blocks to the hotel.

Taxi

Taxis are available at the airport. Flat rate is \$36 to the hotel. Return rates to the airport vary.

Parking

Sheraton Rates

Overnight parking for hotel guests is \$53.38. Hotel day rates are \$14 if in before 8:00 am and out before 6:00 pm, or \$5 for the first hour and \$2 each 1/2 hour after. There are other parking lots nearby with varying rates.

Covid Policies

To hold an in-person conference, we are required to follow all BCTF, Sheraton, and Provincial Health Officer directives. At the time of publication, that means showing proof of vaccination and wearing a mask to attend the conference and/or stay in the hotel. The situation and resulting requirements can change rapidly, however, and we will do our best to keep the conference page on our website updated with the latest information.

Need Help?

Registration Questions:

Christine Thygesen, Conference Registrar
email: registrar@bcaea.com

General Conference Questions:

DJ Pauls, Conference Coordinator
email: conference@bcaea.com

phone: 604.859.3015

PDF brochures and online registration: www.bcaea.com/conference.html